

September 2025

August '25							October '25						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	3 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	4 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	5 L2: 5:30-7:30pm L3: 5:30-7:45pm	6 L4: 7:30-10:00am L5: 7:30-10:30am Nov: 9:45-11:15am L1: 10:15am-12:00pm
7 L4: 8:30-11:00am L5: 8:30-11:30am Nov: 10:45am-12:15pm L1: 11:15am-12:45pm L2: 12:00-1:45pm L3: 12:15-2:45pm	8 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	9 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	10 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	11 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	12 L2: 5:30-7:30pm L3: 5:30-7:45pm	13 L4: 7:30-10:00am L5: 7:30-10:30am Nov: 9:45-11:15am L1: 10:15am-12:00pm
14 L4: 8:30-11:00am L5: 8:30-11:30am Nov: 10:45am-12:15pm L1: 11:15am-12:45pm L2: 12:00-1:45pm L3: 12:15-2:45pm	15 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	16 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	17 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	18 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	19 L2: 5:30-7:30pm L3: 5:30-7:45pm	20 L4: 7:30-10:00am L5: 7:30-10:30am Nov: 9:45-11:15am L1: 10:15am-12:00pm
21 L4: 8:30-11:00am L5: 8:30-11:30am Nov: 10:45am-12:15pm L1: 11:15am-12:45pm L2: 12:00-1:45pm L3: 12:15-2:45pm	22 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	23 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	24 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	25 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	26 L2: 5:30-7:30pm L3: 5:30-7:45pm	27 L4: 7:30-10:00am L5: 7:30-10:30am Nov: 9:45-11:15am L1: 10:15am-12:00pm
28 L4: 8:30-11:00am L5: 8:30-11:30am Nov: 10:45am-12:15pm L1: 11:15am-12:45pm L2: 12:00-1:45pm L3: 12:15-2:45pm	29 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	30 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	1	2	3	4
5	6	Notes The Fall/Winter season begins on Tuesday, September 2nd. > Novice, Level 1, Level 4, & Level 5 will have their first practice on Tuesday, September 2nd. > Level 2 & Level 3 will have their first practice on Wednesday, September 3rd.				

October 2025

September '25							November '25						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6								1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30					23	24	25	26	27	28	29
							30						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	2 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	3 L2: 5:30-7:30pm L3: 5:30-7:45pm	4 L4: 7:30-10:00am L5: 7:30-10:30am Nov: 9:45-11:15am L1: 10:15am-12:00pm
5 L4: 8:30-11:00am L5: 8:30-11:30am Nov: 10:45am-12:15pm L1: 11:15am-12:45pm L2: 12:00-1:45pm L3: 12:15-2:45pm	6 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	7 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	8 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	9 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	10 L2: 5:30-7:30pm L3: 5:30-7:45pm	11 L4: 7:30-10:00am L5: 7:30-10:30am Nov: 9:45-11:15am L1: 10:15am-12:00pm
12 L4: 8:30-11:00am L5: 8:30-11:30am Nov: 10:45am-12:15pm L1: 11:15am-12:45pm L2: 12:00-1:45pm L3: 12:15-2:45pm	13 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	14 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	15 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	16 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	17 L2: 5:30-7:30pm L3: 5:30-7:45pm	18 L4: 7:30-10:00am L5: 7:30-10:30am Nov: 9:45-11:15am L1: 10:15am-12:00pm
19 L4: 8:30-11:00am L5: 8:30-11:30am Nov: 10:45am-12:15pm L1: 11:15am-12:45pm L2: 12:00-1:45pm L3: 12:15-2:45pm	20 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	21 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	22 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	23 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	24 L2: 5:30-7:30pm L3: 5:30-7:45pm	25 L4: 7:30-10:00am L5: 7:30-10:30am Nov: 9:45-11:15am L1: 10:15am-12:00pm
26 Nov-L5: NO PRACTICE ALL: GCSTO v WOR Meet	27 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	28 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	29 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	30 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	31 L2: 6:15-8:15pm L3: 6:15-8:30pm	1
2	3	Notes Practice times shift to the "high school" season schedule, beginning Monday, October 27th. > This schedule shift will run through the end of February, 2023. > We will return to the "pre-high school" schedule on Monday, March 2nd. SWIM MEET 10/26: GCSTO v WOR & UAC Tri-Meet @ Columbus Academy (REQUIRED: ALL GCSTO Swimmers)				

November 2025

October '25							December '25						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							
5	6	7	8	9	10	11	7	8	9	10	11	12	13
12	13	14	15	16	17	18	14	15	16	17	18	19	20
19	20	21	22	23	24	25	21	22	23	24	25	26	27
26	27	28	29	30	31		28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 L4: 6:45-9:00am* L5: 6:45-9:00am* Nov: 8:00-9:30am* L1: 8:00-9:30am* *Adjusted for CA HS practice
2 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm	3 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	4 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	5 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	6 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	7 L2&3: NO PRACTICE L2-5: Golden Bear Meet L1: Golden Bear (Optional)	8 L4&5: NO PRACTICE L2-5: Golden Bear Meet L1: Golden Bear (Optional) Nov: 7:45-9:15am* L1: 7:45am-9:30am* *Adjusted for CA HS practice
9 L2-5: NO PRACTICE L2-5: Golden Bear Meet L1: Golden Bear (Optional) Nov: 10:45am-12:15pm L1: 11:30am-1:15pm	10 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	11 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	12 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	13 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	14 L2: 6:15-8:15pm L3: 6:15-8:30pm	15 L4: 6:45-9:00am* L5: 6:45-9:00am* Nov: 8:00-9:30am* L1: 8:00-9:30am* *Adjusted for CA HS practice
16 Nov-L5: NO PRACTICE ALL: GCSTO Meet	17 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	18 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	19 L2: 6:15-7:45pm* L3: 6:15-8:00pm* L4: 6:45-9:30pm L5: 6:45-9:30pm *CA MS intrasquad meet: - Dryland until meet ends	20 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: NO PRACTICE L5: NO PRACTICE	21 L2: 6:15-8:15pm L3: 6:15-8:30pm L4&5: Senior Meet	22 L4&5: NO PRACTICE L4&5: Senior Meet Nov: 7:45-9:15am* L1: 7:45am-9:30am* *Adjusted for CA HS practice
23 L4&5: NO PRACTICE L4&5: Senior Meet Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm	24 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	25 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	26 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	27 NO PRACTICE HAPPY THANKSGIVING!!!	28 NO PRACTICE HAPPY THANKSGIVING!!!	29 NO PRACTICE HAPPY THANKSGIVING!!!
30 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm	1	SWIM MEETS 11/7-11/9: UASC Golden Bear @ Upper Arlington (REQUIRED: Level 2-5 Swimmers; OPTIONAL: Level 1 Swimmers) 11/16: GCSTO November Splash @ Columbus Academy (REQUIRED: All GCSTO Swimmers) 11/21-11/23: Ohio Fall Senior Invitational @ BGSU (REQUIRED: Level 4&5 High School Swimmers)				

December 2025

November '25							January '26						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	2 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	3 L2: No Practice* L3: No Practice* L4: 6:45-9:30pm L5: 6:45-9:30pm *CA HS home meet: - Long meet	4 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	5 L2: 6:15-8:15pm L3: 6:15-8:30pm Optional: Cardinal Classic	6 L4: 7:00-8:45am L5: 7:00-8:45am Nov: 8:30-9:30am L1: 8:30am-9:30pm *Adjusted for CA HS practice Optional: Cardinal Classic
7 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm Optional: Cardinal Classic	8 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	9 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	10 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	11 Nov: No Practice* L1: No Practice* L4: 7:00-9:30pm L5: 6:45-9:30pm *CA HS home meet: - Long meet	12 L2&3: NO PRACTICE ALL: GCSTO Meet - Non-HS swimmers	13 Nov-L5: NO PRACTICE ALL: GCSTO Meet - Non-HS swimmers
14 Nov-L5: NO PRACTICE ALL: GCSTO Meet - Non-HS swimmers	15 L2: 6:15-7:45pm* L3: 6:15-7:45pm* L4: 6:45-9:30pm L5: 6:45-9:30pm *CA MS home meet: - Dryland until meet ends	16 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	17 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	18 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	19 L2: 6:15-8:15pm L3: 6:15-8:30pm	20 L4: 7:00-8:45am L5: 7:00-8:45am Nov: 8:30-9:30am L1: 8:30am-9:30pm *Adjusted for CA HS practice
21 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm	22 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	23 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	24 NO PRACTICE HAPPY HOLIDAYS!!!	25 NO PRACTICE HAPPY HOLIDAYS!!!	26 NO PRACTICE HAPPY HOLIDAYS!!!	27 L4: 7:00-8:45am L5: 7:00-8:45am Nov: 8:30-9:30am L1: 8:30am-9:30pm *Adjusted for CA HS practice
28 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm	29 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	30 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	31 NO PRACTICE HAPPY NEW YEAR!!!	1	2	3
4	5	SWIM MEETS 12/5-12/7: Cardinal Classic @ University of Louisville (OPTIONAL: Levels 1-4, 14&U Non-HS Swimmers w/at least ONE "B") 12/12-12/14: GCSTO Holiday Cheer Invite @ Columbus Academy (REQUIRED: Novice-Level 4, 14&U Non-HS Swimmers) - This meet is tentatively scheduled for 12/12-12/14, it may be moved to 12/5-12/7 based on pool availability				

January 2026

December '25							February '26						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6							
7	8	9	10	11	12	13	1	2	3	4	5	6	7
14	15	16	17	18	19	20	8	9	10	11	12	13	14
21	22	23	24	25	26	27	15	16	17	18	19	20	21
28	29	30	31				22	23	24	25	26	27	28

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 NO PRACTICE HAPPY NEW YEAR!!!	2 L2: 6:15-8:15pm L3: 6:15-8:30pm	3 L4: 7:00-8:45am L5: 7:00-8:45am Nov: 8:30-9:30am L1: 8:30am-9:30pm *Adjusted for CA HS practice
4 Nov-L5: NO PRACTICE ALL: GCSTO Meet - Non-HS swimmers	5 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	6 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	7 L2: 6:15-7:45pm* L3: 6:15-8:00pm* L4: 6:45-9:30pm L5: 6:45-9:30pm *CA MS home meet: - Dryland until meet ends	8 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	9 L2: 6:15-8:15pm L3: 6:15-8:30pm	10 L4: 7:00-8:45am L5: 7:00-8:45am Nov: 8:30-9:30am L1: 8:30am-9:30pm L2-5: WOR KG Meet ("B") *Adjusted for CA HS meet
11 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm L2-5: WOR KG Meet ("B")	12 L2: 6:15-7:45pm* L3: 6:15-7:45pm* L4: 6:45-9:30pm L5: 6:45-9:30pm *CA MS home meet: - Dryland until meet ends	13 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	14 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	15 Nov: No Practice* L1: No Practice* L4: 7:00-9:30pm L5: 6:45-9:30pm *CA HS home meet: - Long meet: Senior Night	16 L2: 6:15-8:15pm L3: 6:15-8:30pm	17 L4: 7:00-8:45am L5: 7:00-8:45am Nov: 8:30-9:30am L1: 8:30am-9:30pm *Adjusted for CA HS practice
18 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm	19 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	20 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	21 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	22 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	23 L2: 6:15-8:15pm L3: 6:15-8:30pm Optional: Circle City - BB Times required	24 NO PRACTICE DUE TO HS CONFERENCE CHAMPS Optional: Circle City
25 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm Optional: Circle City	26 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	27 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	28 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	29 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	30 L2&3: NO PRACTICE 9-14yo: GCSTO Meet - Non-HS swimmers	31 Nov-L5: NO PRACTICE 9-14yo: GCSTO Meet - Non-HS swimmers
1	2	SWIM MEETS 1/4: GCSTO Winter Open @ Columbus Academy (REQUIRED: Novice-Level 4, 14&U Non-HS Swimmers) 1/10-1/11: WOR Kelly German Invite @ Worthington (REQUIRED: Level 2-4; OPTIONAL: Level 1, 14&U Non-HS w/ONE "B") 1/23-1/25: Circle City Classic @ IUPUI Indianapolis (OPTIONAL: Levels 2-5, 14&U Non-HS Swimmers w/"BB" in each event)				

February 2026

January '26							March '26						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Nov-L5: NO PRACTICE 9-14yo: GCSTO Meet - Non-HS swimmers	2 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	3 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	4 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	5 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	6 L2: 6:15-8:15pm L3: 6:15-8:30pm	7 L4: 7:30-10:00am L5: 7:30-10:45am Nov: 9:45-11:15am L1: 10:30am-12:15pm 8&U: Barbara Kay Champs
8 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm 8&U: Barbara Kay Champs	9 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	10 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	11 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	12 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	13 NO PRACTICE DUE TO HS SECTIONAL CHAMPS	14 Nov-L5: NO PRACTICE Nov: 9:45-11:15am L1: 10:30am-12:15pm
15 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm	16 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	17 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm	18 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	19 Nov&L1: NO PRACTICE L4: 6:15-9:00pm L5: 6:15-9:00pm Nov-L5: Regional Champs - 9-14yo swimmers - Non-HS swimmers	20 L2&L3: NO PRACTICE Nov-L5: Regional Champs - 9-14yo swimmers - Non-HS swimmers	21 Nov-L5: NO PRACTICE Nov-L5: Regional Champs - 9-14yo swimmers - Non-HS swimmers
22 L4: 8:30-11:00am L5: 8:30-11:45am Nov-L3: NO PRACTICE Nov-L5: Regional Champs - 9-14yo swimmers - Non-HS swimmers	23 L2: 6:15-7:45pm L3: 6:15-7:45pm L4: 6:45-9:30pm L5: 6:45-9:30pm	24 Nov: 6:15-7:30pm L1: 6:15-7:45pm L4: 7:00-9:30pm L5: 6:45-9:30pm Optional: UASC Time Trial - Trying for JC Times	25 L2: 6:15-7:45pm L3: 6:15-8:00pm L4: 6:45-9:30pm L5: 6:45-9:30pm	26 Nov: 6:15-7:30pm L1: 6:15-7:30pm L4: 7:00-9:30pm L5: 6:45-9:30pm	27 L2: 6:15-8:15pm L3: 6:15-8:30pm	28 L4: 7:30-10:00am L5: 7:30-10:45am Nov: 9:45-11:15am L1: 10:30am-12:15pm
1	2	3	4	5	6	7
8	9	SWIM MEETS 1/30-2/1: GCSTO Last Ditch Meet @ Columbus Academy (REQUIRED: Novice-Level 4, 14&U Non-HS Swimmers) 2/7-2/8: Barbara Kay Championships @ Worthington (REQUIRED: Swimmers 8 years-old & younger) 2/19-2/22: Regional Championships @ Upper Arlington (REQUIRED: Novice-Level 4, 9-14yo Non-HS Swimmers) 2/24: UASC Time Trial @ Upper Arlington (OPTIONAL: Levels 1-5, 14&U Non-HS Swimmers trying to earn "JC" times)				

March 2026

February '26							April '26						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
							26	27	28	29	30		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 L4: 8:30-11:00am L5: 8:30-11:45am Nov: 10:45am-12:15pm L1: 11:30am-1:15pm L2: 12:00-2:00pm L3: 12:45-3:15pm	2 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	3 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	4 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm	5 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	6 L2: 5:30-7:30pm L3: 5:30-7:45pm L4&5: Senior Meet	7 L4&5: NO PRACTICE L4&5: Senior Meet Nov: 9:45-11:15am L1: 10:15am-12:00pm
8 L4&5: NO PRACTICE L4&5: Senior Meet Nov: 10:45am-12:15pm L1: 11:15am-12:45pm L2: 12:00-1:45pm L3: 12:15-2:45pm	9 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	10 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	11 L2: 5:30-7:15pm L3: 5:30-7:30pm L4: 6:30-9:15pm L5: 6:30-9:30pm Last Day of FW Practice - Novice-Level 3	12 14&U Junior Champs - 9-14yo swimmers - JC Qualifying times L4: 5:30-8:00pm L5: 5:30-8:30pm	13 14&U Junior Champs - 9-14yo swimmers - JC Qualifying times	14 L4: 8:15-10:00am L5: 8:15-10:00am 14&U Junior Champs - 9-14yo swimmers - JC Qualifying times
15 L4: 8:45-10:30am L5: 8:45-10:30am 14&U Junior Champs - 9-14yo swimmers - JC Qualifying times	16 L4: 5:30-7:45pm L5: 5:30-7:45pm	17 L4: 5:30-7:45pm L5: 5:30-7:45pm	18 L4: 5:30-7:45pm L5: 5:30-7:45pm	19 L4: 5:30-7:45pm L5: 5:30-7:45pm	20	21 L4: 8:15-10:00am L5: 8:15-10:00am
22 L4: 8:45-10:30am L5: 8:45-10:30am	23 L4: 5:30-7:45pm L5: 5:30-7:45pm	24 L4: 5:30-7:45pm L5: 5:30-7:45pm	25 BREAK: NO PRACITCE UNTIL MARCH 30th	26 SPEEDO Sectionals BREAK: NO PRACITCE UNTIL MARCH 30th	27 SPEEDO Sectionals BREAK: NO PRACITCE UNTIL MARCH 30th	28 SPEEDO Sectionals BREAK: NO PRACITCE UNTIL MARCH 30th
29 SPEEDO Sectionals BREAK: NO PRACITCE UNTIL MARCH 30th	30 L2: 5:30-7:15pm L3: 5:30-7:15pm L4: 6:30-9:15pm L5: 6:30-9:15pm	31 Nov: 5:30-6:45pm L1: 5:30-7:00pm L4: 6:15-8:45pm L5: 6:15-9:15pm	1	2	3	4
5	6	SWIM MEETS 3/6-3/8: Senior Championships @ OSU (REQUIRED: Level 4&5 High School Swimmers) 3/12-3/15: Ohio SC 14&U Junior Championships @ TBD (REQUIRED: 14&U Swimmers with qualifying "JC" times) - Swimmers may qualify for relays even if they do not have individual qualifying times. - Coaches will communicate relay swimmers. 3/26-3/29: SPEEDO Sectionals @ IUPUI (REQUIRED: Level 5 Qualifying Swimmers - Individual and/or Relay) First day of Spring practice - 3/30/26				